



Helpdesk Research Report

Safe spaces for girls: Six-country mapping

Evie Browne and Freyja Oddsdottir

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Question

We request a mapping of the existing good practice girl safe space programmes in the following six countries (Kenya, Nigeria, Uganda, Rwanda, Tanzania and Bangladesh), that meet the description set out in the Population Council's guidance on good practice girl safe spaces (http://www.popcouncil.org/pdfs/TABriefs/39_SafeSpaces.pdf).

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1. Overview

This review presents a broad overview of the most prominent and well-evidenced programmes providing safe spaces for girls in six selected countries. The criteria for defining a 'safe space' followed the Population Council's guidance, and the following programmes all contain these elements:

- A physical space where adolescent girls (10-19 years old) meet regularly
- An older or peer mentor
- Life skills and/or vocational skills training along with socialisation and recreation

These kinds of programmes are well-established, and there is strong evidence for their positive effect on girls' empowerment, livelihoods and health. The six selected countries showed a **large variety in the scope of programmes**, from BRAC in Bangladesh reaching half a million girls, to small CBOs in Uganda

reaching 450 girls in nearby villages. The variety in scope indicates that these programmes can be effectively implemented at different scales. The **location of programmes was also varied**, with an approximately equal mix of meetings taking place in schools, community centres, public spaces and homes. The issues taught in the **life skills** components were largely **1) sexual and reproductive health, 2) financial literacy or livelihoods training, and 3) social issues**. The **target groups were again varied** and no clear trend emerged. Small programmes often targeted all girls of the right age range in the area, and many only described their beneficiaries as ‘vulnerable’. Programmes were mostly run in rural areas or urban slums, so most girls were deemed poor, vulnerable, at risk of early marriage or pregnancy and with low levels of empowerment. The age range of girls was also quite varied, but there is a slight weighting towards earlier adolescence, as many programmes mainly worked with girls aged 10-16 years.

Some potentially promising programmes have been excluded because of a lack of publicly available information, particularly financial information. **Accurate numbers for financing were difficult to find**, and what is included here intends to provide an outline of the size of the programme, rather than its accurate financial data. **Data on funding models was even more scarce**, but most of these programmes rely on donor grant funding and are not self-sufficient or profit-making. Many programmes feature on charitable giving websites, indicating their reliance on individual and institutional donors. No other specific funding models were identified.

2. Bangladesh

Kishori Abhijan	
Implementing organisation	UNICEF Bangladesh, in partnership with the Bangladesh Ministry of Women and Children Affairs and several local and international NGOs including BRAC, CMES, Bangladesh Shishu Academy and Save the Children, Australia
Country/region(s) and location	Bangladesh, 27 districts. Mainly rural
Number of girls	550,000
Type(s) of girls	Majority 14-19 years old, rural, at secondary school, vulnerable to child marriage. Remainder are 10-19 years old, rural, not attending school. Also 50,000 boys targeted
Setting	Varied – community centres, schools
Purpose	<ul style="list-style-type: none"> ▪ To empower adolescents, especially girls, to participate meaningfully in decisions that affect their lives (including education, livelihood strategies and increasing age at marriage); and to become active agents of social change. ▪ To create and sustain a supportive environment for adolescent girls development at the household and community level.
Funding model	Funded by EC
Running costs	Unclear. EC Contribution in Phase 2 (2006-10): € 5,850,000 (76% of total cost)
Years established	2001-06; extended 2006-10
Any impact measurement	Yes
Links	Overview: http://www.unicef.org/bangladesh/4926_4958.htm Baseline report: http://www.unicef.org/bangladesh/knowledgecentre_5359.htm Impact assessment brief: http://www.popcouncil.org/pdfs/TABriefs/13_KishoriAbhijan.pdf

Adolescent Development Programme	
Implementing organisation	BRAC
Country/region(s) and location	Bangladesh, rural and urban
Number of girls	8,100 adolescent clubs of 20-25 members (all girls). Membership of ADP totals 206,674 people
Type(s) of girls	11-19 years old, both in-school and out-of-school
Setting	BRAC school classroom
Purpose	Adolescent clubs aimed to make young people confident, independent, empowered and educated for a healthy life
Funding model	Unclear, but likely self-funded by BRAC
Running costs	Unclear; not disaggregated in annual reports
Years established	1993-present
Any impact measurement	Yes
Links	Overview: http://www.brac.net/content/adolescent-development-programme#.UX6BiqI3tsM Case-control impact assessment: http://www.bracresearch.org/workingpapers/red_wp14_new.pdf
Social and Financial Empowerment of Adolescents	
Implementing organisation	BRAC
Country/region(s) and location	Bangladesh, five rural sub-districts: Dhamrai upazila (Dhaka district); Puthiya thana (Rajshahi district); Santhia upazila (Pabna district); Barura upazila (Comilla district); Magura sadar upazila (Magura district)
Number of girls	360 clubs, currently reaching over 13,000 girls in five sub-districts
Type(s) of girls	11-21 years old, rural
Setting	Youth clubs
Purpose	Build social networks and mobility, life skills and financial literacy
Funding model	Funded by Nike Foundation, UNICEF and EC
Running costs	Unclear
Years established	2011-present
Any impact measurement	Yes
Links	Overview: http://www.brac.net/content/social-and-financial-empowerment-adolescents-1#.UX6C6KI3tsM Overview: http://www.brac.net/content/social-and-financial-empowerment-adolescents#.UX6C6qI3tsM Baseline survey: http://www.bracresearch.org/monographs/Monograph_46.pdf
Kishoree Kontha	
Implementing organisation	Save the Children USA, Bangladesh Development Society
Country/region(s) and location	Southern Bangladesh, Barisal Division, rural
Number of girls	45,000
Type(s) of girls	10-19 years old, rural, in-school and out-of-school
Setting	Village households
Purpose	To link savings schemes with other non-financial services, such as health and education, to allow rural adolescent girls ages 10-19 to build human, social and economic assets
Funding model	Funded by Nike Foundation
Running costs	\$50,000 p.a.

Years established	2006-10
Any impact measurement	Yes
Links	Case study: http://www.makingcents.com/pdfs/resources/caseStudy10/SavetheChildren_CaseStudyNo.10_September2009.pdf Case-control impact assessment: http://onlinelibrary.wiley.com/doi/10.1111/j.1532-7795.2012.00805.x/abstract Forthcoming JPAL evaluation: http://www.povertyactionlab.org/evaluation/empowering-girls-rural-bangladesh
Child Friendly Spaces as Social Mobilization Program	
Implementing organisation	Rupantar
Country/region(s) and location	Bangladesh, Dacope Upazilla. Disaster prone area.
Number of girls	1975
Type(s) of girls	All local girls, poor, rural, in disaster area
Setting	Community centres
Purpose	Effective Community based Child Protection mechanisms functioning in selected disaster prone areas
Funding model	Funded by UNICEF
Running costs	Unclear
Years established	2009-2013
Any impact measurement	Yes
Links	Overview: http://www.rupantar.org/index.php?option=com_content&view=article&id=73&Itemid=76 Independent evaluation: http://www.unicef.org/evaluation/files/2011_015UNICEF_Bangladesh_CP_Education_final_Evaluation_Report_Dec8_2011.pdf

3. Kenya

Binti Pamoja (Daughters United)	
Implementing organisation	Binti Pamoja Center/Carolina for Kibera, with Population Council, the Global Financial Education Program, and Nike Foundation
Country/region(s) and location	Kibera, Kenya (urban slum)
Number of girls	Unclear, but reached 1,000 girls between 2008 and 2011
Type(s) of girls	Adolescent girls (11-18) from four ethnically distinct villages in Kibera
Setting	Community group spaces
Purpose	Developing skills for girls in budgeting, savings, and setting financial goals, investing in the capacity and skills of local adolescent girl leaders
Funding model	Unclear, likely funded by the Global Financial Education Program and Nike Foundation
Running costs	Unclear
Years established	2002-present
Any impact measurement	Yes
Link	Overview: http://www.bintipamoja.org/about/index.htm Project website: http://cfk.unc.edu/whatwedo/daughtersunited/

	Impact assessment brief: http://www.popcouncil.org/pdfs/TABriefs/29_KenyaGirlsSavings.pdf
Safe Spaces	
Implementing organisation	Safe Spaces
Country/region(s) and location	Eastlands region, Nairobi, Kenya (urban slums)
Number of girls	500
Type(s) of girls	Vulnerable adolescent girls and young women aged 7-25
Setting	Community group spaces and sports fields
Purpose	Trains and mentors young women in sexual health, life-skills, leadership and vocational training
Funding model	Relies on individual and online donations such as globalgiving.com
Running costs	Funding goal: \$25,000
Years established	2008-present
Any impact measurement	No
Link	Overview: http://womenwin.org/stories/journey-to-safe-spaces Project website: http://www.safespaces.me/nairobi.html
TRY (Tap and Reposition Youth)	
Implementing organisation	Population Council and K-Rep Development Agency
Country/region(s) and location	Nairobi slums, expanding to rural area Kiambu in 2002
Number of girls	Unclear, but had 535 members in 2004.
Type(s) of girls	Vulnerable (slum dwelling) girls and women. A third of participants are below 20, the rest are over 20
Setting	Public spaces
Purpose	This is a group-based microfinance model to provide girls with access to credit, savings, business support, and mentoring
Funding model	Originally funded by USAID through K-Rep in the 1980s, otherwise unclear. Microfinance repayment rates around 50%
Running costs	Unclear
Years established	Phase 1 1998-2000, Phase II 2001-2004
Any impact measurement	Yes
Link	Brief: http://www.popcouncil.org/pdfs/MicrofinanceBrief_TRY.pdf Report: http://www.popcouncil.org/pdfs/seeds/SEEDS23.pdf Overview: http://www.aidstar-one.com/sites/default/files/KE_TapAndReposition.pdf
Two projects: Okoa Wasichana Wetu Project & Strengthening Adolescent Girls Club Projects	
Implementing organisation	Fortress of Hope Africa
Country/region(s) and location	Embakasi and Dandora, urban slums in Nairobi
Number of girls	Unclear
Type(s) of girls	Vulnerable girls i.e. (teen) mothers, married girls, commercial sex workers, school drop-outs, orphans, victims of gender based violence, girls with HIV/AIDS, disabled/distressed girls
Setting	Unclear
Purpose	To help adolescent girls make informed choices to improve their social and economic status. This is done through youth-led community outreach, safe spaces, psychosocial support and training on reproductive health, HIV and AIDS, life skills and entrepreneurship
Funding model	Funded by local and international organisations such as American Jewish World service (AJWS)
Running costs	Project Grant Amount for Okoa Wasichana Wetu Project according to AJWS: \$25,000
Years established	2005-present

Any impact measurement	No
Link	Project website: http://www.fortressafrica.org Funder's website: http://ajws.org/where_we_work/africa/kenya/fortress_of_hope_afri ca.html
Centre for Domestic Training and Development (CTD)	
Implementing organisation	Centre for Domestic Training and Development
Country/region(s) and location	Nairobi
Number of girls	500 women on average per year
Type(s) of girls	Domestic workers, age 10-40 but majority under age of 18. Majority are poor girls from rural areas who have migrated to Nairobi
Setting	CTD emergency shelter
Purpose	Provide a platform for social interaction and development of positive social networks. Education and training is given on basic literacy, life skills counselling to build confidence, HIV/AIDS and reproductive health education as well as labour rights and obligations.
Funding model	Unclear
Running costs	Total annual budget: 5,000,000 KSH (appr. 83,000 USD)
Years established	2001-present
Any impact measurement	Yes
Links	Case study: https://www.globalfundforchildren.org/wp-content/uploads/2012/07/GFCCaseStudyDec10-2.pdf

4. Nigeria

Girls' Power Initiative	
Implementing organisation	Girls' Power Initiative
Country/region(s) and location	Four states of Nigeria both urban and rural; also Benin
Number of girls	20,000 annually (150,000 since 1994)
Type(s) of girls	10-18 years old
Setting	Varied – school, community centres, GPI building
Purpose	The mission of GPI as a national organisation is to educate girls between the ages of 10-18 years concerning their health, rights, self-reliance skills and needs from a gender perspective through information, communication, counselling and community intervention. GPI seeks to empower girls and to promote their sexual and reproductive health and rights, through educational programmes, counselling, referral services and social action.
Funding model	Funded by MacArthur Foundation since 2010
Running costs	350,000 USD in 2011
Years established	1993-present
Any impact measurement	No
Links	Overview: http://www.iwhc.org/index.php?option=com_content&task=view&id=151&Itemid=78 Project website: http://www.gpinigeria.org/index.html

5. Rwanda

12+	
Implementing organisation	L'Association des Guides du Rwanda with the guidance of the Nike Foundation
Country/region(s) and location	Kicukiro, Huye, Musanze and Ngoma districts
Number of girls	600
Type(s) of girls	10-12 year olds
Setting	Youth centres and schools
Purpose	Provide training modules and activities focused on topics such as puberty, HIV, delaying sexual debut and financial literacy, facilitate visits to local health centres and banks
Funding model	Funded by Nike Foundation and DFID
Running costs	Unclear
Years established	Piloted in 2011, to be scaled up and rolled out country-wide in 2013
Any impact measurement	No
Links	Overview: http://www.nyc.gov.rw/IMG/pdf/Who_is_PSI.pdf Overview: http://www.psi.org/impact-magazine/2012/01/no-teen-drama
Camp Glow	
Implementing organisation	US Peace Corps
Country/region(s) and location	Girls come from urban and rural communities countrywide
Number of girls	80 girls in each camp
Type(s) of girls	Selected through essay writing competition for leadership skills
Setting	Camp
Purpose	Developing leadership skills, improving self-esteem, increasing knowledge of women's health issues, respecting and caring for the environment and promoting the belief that every young woman can make difference in her community
Funding model	Unclear, likely by US Peace Corps
Running costs	No information
Years established	2009-present
Any impact measurement	No
Links	Project website: http://campglowrwanda.wordpress.com/gender-empowerment/
Women's Soccer Unity	
Implementing organisation	AKWOS – Association of Kigali Women in Sports
Country/region(s) and location	15 cooperatives all over Rwanda
Number of girls	Unclear, but likely over 1,500 girls and women per year
Type(s) of girls	12-18 years old girls in poverty
Setting	Sports fields among others
Purpose	Life skills education by peers, sports training by female coaches and trainers and a space that provides physical and emotional safety
Funding model	Funded and supported by WOMEN WIN, King Baudouin Foundation, Nike & Red, Right to Play, Global Giving, UNICEF, ASHOKA
Running costs	Project funding goal on globalgiving.com was \$105,000
Years established	2007-present
Any impact measurement	No
Links	Project website: http://playforhoperwanda.org/our-activities/female-programs Annual Report 2011-12: http://www.akwos.info/AnnualReport2012.pdf

	Case study: http://womenwin.org/files/pdfs/EmpoweringReport.pdf
Urugero Girls Empowerment Project	
Implementing organisation	YOSC Rwanda
Country/region(s) and location	Gikondo, Nyamirambo and Gatenga zones in Kigali (urban)
Number of girls	Approximately 100 per year
Type(s) of girls	12-17 years old, otherwise unclear
Setting	Sports fields among others
Purpose	To host training/activity sessions where physical activity is combined with an educational element of discussion/knowledge sharing on topics such as sexual and reproductive health, HIV/AIDS, sexual abuse, drug abuse and types of violence
Funding model	Unclear
Running costs	Unclear
Years established	2009-present
Any impact measurement	No
Link	Overview: http://www.chrisrwanda.org/website/?portfolio_item=proin-molestie-euismod Project website: http://yoscrwanda.blogspot.co.uk/p/projects.html

6. Tanzania

Pastoralist Girls' Right to Education	
Implementing organisation	African Initiatives, in collaboration with Pastoral Women's Council and Community Aid and Small Enterprises Consultancy
Country/region(s) and location	Tanzania and Ghana. In northern Tanzania, pastoral communities
Number of girls	Girls' clubs in 16 schools; 640 girls
Type(s) of girls	Pastoral girls in school
Setting	School
Purpose	To provide an environment where girls are given the resources and tools to enable them to have the same opportunities as boys. Access to education and changing gender attitudes to girls' education through girls' clubs
Funding model	Funding from DFID, Comic Relief and the Waterloo Foundation
Running costs	218,000 GBP in 2011-12
Years established	1995-present
Any impact measurement	No
Links	Overview: http://www.african-initiatives.org.uk/issues/girls-education/change-the-world-one-girl-at-a-time/ Briefing: http://gsdmagazine.org/2012/01/24/ngo-in-focus-african-initiatives-empowering-tanzanias-girls/ Annual Report 2011-12: http://www.african-initiatives.org.uk/assets/Annual-Report-2011-12.pdf
Empowered Girls East Africa	
Implementing organisation	Empowered Girls
Country/region(s) and location	One urban school, one rural school, Tanzania
Number of girls	Unclear, but <500
Type(s) of girls	All girls in the selected schools, including some Maasai

Setting	School
Purpose	Empowerment through education
Funding model	Unclear
Running costs	100 USD per club, per month
Years established	Unclear
Any impact measurement	No
Links	Project website: http://lenana.net/blog/?page_id=462

7. Uganda

The Girl Power Project	
Implementing organisation	Just Like My Child
Country/region(s) and location	8 villages in the rural Ugandan districts of Luweero and Nakasongola
Number of girls	460
Type(s) of girls	10-15 years old, most vulnerable to early marriage, pregnancy and disease
Setting	Training of mentors takes place in a camp and they then go on to establish clubs in their school
Purpose	To develop girl power clubs in schools where the girls will learn about social and health issues
Funding model	Relies on funding from donor agencies and individuals
Running costs	A donation campaign on globalgiving.com indicates that they require \$45,000 for the year 2013
Years established	2009-present
Any impact measurement	No
Links	Overview: http://www.globalgiving.org/pfil/11924/projdoc.pdf Project website: http://www.justlikemychild.com/programs/programs/the-girl-power-project.html
Girls' Empowerment Clubs	
Implementing organisation	Girl Child Network, Uganda
Country/region(s) and location	Three clubs in Kampala, Masaka, and Wakiso districts
Number of girls	Unclear, but just under 1000 girls were reached through two different programs under the Girls' Empowerment Clubs (members are likely over 1,000)
Type(s) of girls	Unclear
Setting	Unclear
Purpose	Girls' Empowerment Clubs support girls in their efforts to change the realities in their communities, advocate for their rights and participate in decision-making processes and support them to organise awareness campaigns. Club members decide and initiate club activities
Funding model	Funding from donor agencies such as Global Fund for Women and individuals
Running costs	Organisation annual cash turnover: Less than \$500,000. Received 2 grants from Global Fund for Women between 2010 and 2013, totalling \$15,000. Approximately 1,400 USD for clubs per quarter
Years established	2009-present
Any impact measurement	Yes
Links	Overview: http://projects.essex.ac.uk/ehrr/V7N1/Makoni.pdf Organisation website:

	http://www.girlchildnetworkworldwide.org/girl-space/ Project website: http://www.gcnuganda.org Quarterly report 2012: http://www.globalhand.org/system/assets/1adc8dd27e787566d8dd4ccff3cd2945f90701c5/original/Opportunity%20Program%202nd%20Quarter%20Report%20Apr-June%202012.pdf?1346851599
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8. Multi-country programmes

Safe and Smart Savings	
Implementing organisation	Population Council with MicroSave
Country/region(s) and location	Kenya and Uganda, urban slums
Number of girls	>10,000
Type(s) of girls	Vulnerable girls, in this case meaning poor. Under 18
Setting	Community group spaces
Purpose	Focus on financial literacy and savings; theory of change is to build social, economic, and health assets
Funding model	Initially grant funding to partner financial institutions; unclear how these are currently funded
Running costs	Unclear
Years established	2008-present
Any impact measurement	Yes
Links	Overview and Resources: http://www.popcouncil.org/projects/48_SafeSmartSavingsVulnerableGirls.asp#jQueryUITabs1-3
Transforming Education for Girls in Nigeria and Tanzania (TEGINT)	
Implementing organisation	ActionAid. Implemented by Community Action for Popular Participation in Nigeria and Maarifa Ni Ufunguo in Tanzania
Country/region(s) and location	Northern Nigeria and northern Tanzania
Number of girls	57 schools Tanzania; 72 schools Nigeria
Type(s) of girls	Mostly in-school girls, some out-of-school
Setting	School
Purpose	Capacity building to challenge gender discrimination
Funding model	Funded by Comic Relief and the Tubney Charitable Trust
Running costs	2,000,000 GBP p.a.
Years established	2008-present
Any impact measurement	Yes
Link	Overview and Resources: http://www.actionaid.org/tags/429/2128 MTR: http://www.actionaid.org/publications/tegint-mid-term-review
Empowerment and Livelihood for Adolescents	
Implementing organisation	BRAC
Country/region(s) and location	Tanzania and Uganda, primarily rural. Tanzania districts: Dodoma, Kondo, Iringa, Mufindi, Tembeke, and Mbeya.
Number of girls	7,371 members in 180 clubs in Tanzania. 690 clubs in Uganda.
Type(s) of girls	13-19 years old, vulnerable, some out of school
Setting	Community centres rented by BRAC
Purpose	Establish dedicated clubs that offer a safe, non-threatening environment to act as social spaces and training venues for social and health issues/skills development courses. The objective of this programme is to create confidence and instil a sense of self-worth, encourage positive behaviour changes, and to improve the quality of life for these young girls. The programme is designed to socially and

	financially empower vulnerable teenage girls aged between 13-19
Funding model	Funded by the Nike Foundation and UNICEF, with support from the MasterCard Foundation and the London School of Economics
Running costs	In Uganda, 365,000 USD in Year 1, 232, 000 USD in year 2. In Tanzania 4,500 USD for one safe space for one year
Years established	2008-present
Any impact measurement	Yes
Link	Overview: http://www.unicef.org/socialpolicy/files/BRAC-_November_2012.pdf Overview: http://www.docstoc.com/docs/12922546/SCALING-ADOLESCENT-EMPOWERMENT-PROGRAM-THE-BRAC-EXPERIENCE-IN-Tanzania ELA: http://tanzania.brac.net/index.php?option=com_content&view=article&id=147&Itemid=696 Uganda ELA: http://www.brac.net/content/where-we-work-uganda-empowerment-and-livelihoods-adolescents#.UYJDkqLqm5I RCT of Uganda ELA: http://econ.lse.ac.uk/staff/rburgess/wp/ELA.pdf

Key websites

- UNICEF – Evaluation database: http://www.unicef.org/evaldatabase/index_13510.html
- Save the Children Online Library: <http://www.savethechildren.org.uk/resources/online-library>

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